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Learn + Yoga

www.karenpowellyoga.com

Effective Language Learning occurs in a relaxed, joyful environment with meaningful input.



Learning a foreign language with Karen Powell Yoga is fun and easy!

Let's face it. Learning something new – especially a foreign language can be stressful and daunting. We want to look good, feel good, and sound right, but we are afraid because we just don't know how yet. With my program, you relax, have fun, AND develop self-esteem while learning your new language! It's fun and simple with my specialized Learn +Yoga technique! Let my successful yoga and language experience work for you in as little as an hour a week. In today's techno-stressed, interconnected world, peaceful yoga plus speaking another language is a MUST! I got you and will personalize your classes to meet your needs.

A 45minute class is \$55. Discount package of 4 for \$210

Relax and feel happy with Karen Powell Yoga. Feel confident as you embark on your new language adventure!

Contact me to learn more at yogaofloveandforgiveness@gmail.com



KAREN POWELL YOGA

